



AMERICAN  
HERITAGE GIRLS®  
FAITH | SERVICE | FUN

Meets every 2<sup>nd</sup> and 4<sup>th</sup> Mondays  
from 4-6pm at First Baptist Church  
For ages 6-18 years old  
Starts September 23!

## My daughter(s) participated last year:

Welcome back! We're excited to have you back! Please complete the steps below:

1. Renew your daughter(s) membership and pay online fee at [AHGFamily.org](http://AHGFamily.org) to the AHG organization
2. Complete a new "Health and Medical Form" (& Medication Form if applicable)
3. Complete "Meeting Permission Form" on [AHGFamily.org](http://AHGFamily.org)
4. Submit a check payable to First Baptist Church for troop dues (towards uniforms, books, badges, etc.) First girl in each family is \$30 for troop dues, second girl is \$25, and any after that are \$20 each for the year.
5. Grab a "High Adventure Medical Form" (**optional**) to be completed at your convenience next time you take your daughter to be seen by a medical provider (this saves you an extra visit in the future should we have activities that require it (horseback riding, shooting, ice fishing, skiing, snowshoeing) DO NOT pay to have her seen simply to fill out this form!
6. "Bus Transport Form" (**optional**): Complete only if you want your daughter to ride the bus from school to FBC for AHG meetings. Complete the form and return to FBC but also be prepared to call your daughter's school EACH MEETING DATE to verbally grant permission to the school for her to ride.

## My daughter(s) did not participate last year:

Welcome! We're so excited for you to join the fun! Please complete the steps below:

1. Send your parent first/last name and email address to 907-312-3797 or [deltaAK4206@outlook.com](mailto:deltaAK4206@outlook.com) AND then be watching your email for an invite to sign up at [AHGFamily.org](http://AHGFamily.org). When you get your email link, you as the parent can create an account. From your account, you will sign up each girl and pay the online fee to AHG.
2. Complete a Health and Medical Form (& Medication Form if applicable)
3. Complete a "Meeting Permission Form" on [AHGFamily.org](http://AHGFamily.org)
4. Submit a check payable to First Baptist Church for troop dues (towards uniforms, books, badges, etc.) First girl in each family is \$30 for troop dues, second girl is \$25, and any after that are \$20 each for the year.
5. Grab a High Adventure Medical form (**optional**) to be completed at your convenience next time you take your daughter to be seen by a medical provider (this saves you an extra visit in the future should we have activities that require it (horseback riding, shooting, ice fishing, skiing, snowshoeing). DO NOT pay to have her seen simply to fill out this form!
6. Fill out a Uniform Ordering Sheet for each girl. First Baptist Church graciously pays for all of our expenses including uniforms and books beyond your "troop dues" contribution in step #4 which means uniforms and books are included in the dues and not an extra expense!
7. Bus Transport Form (**optional**): Complete only if you want your daughter to ride the bus from school to FBC for AHG meetings. Complete the form and return to FBC but also be prepared to call your daughter's school EACH MEETING DATE to verbally grant permission to the school for her to ride.